



Mission Directorate
National Health Mission, Odisha
Department of Health & Family Welfare,
Government of Odisha

Letter No.: 5391

Date: 29.04.16

From 324/14

Shalini Pandit, IAS
Mission Director
National Health Mission, Odisha

To,

**All the Chief District Medical Officers-cum-
District Mission Director.**

Sub: Operational guideline of Menstrual Hygiene Scheme under RKSK.

Madam / Sir,

You are aware that the state has been initiated implementation of Rastriya Kishor Swasthya Karyakram (RKSK) to address health issues of adolescents. The Menstrual Hygiene is one of the key strategies under RKSK programme. Under the programme provision of sanitary napkins for rural adolescent girls is a major aspect. The sanitary napkin will be supplied to rural adolescent girls (10-19 years) by ASHA through social marketing at a subsidized price of Rs.6/-per pack (of 6 napkins) from which ASHA will take Rs.1/- as her incentive. OSMCL is under process to supply the sanitary napkins to districts. Further it has been provisioned to supply sanitary napkins for post partum cases and MTP cases free of cost at institution level.

Hence, a brief note on supply chain with roles and responsibility at various levels with "operational guideline of Menstrual Hygiene Scheme" are enclosed with the letter for your information to make the programme success.

Yours faithfully,


Mission Director NHM, Odisha

Memo No.: 5392

Date: 29.04.16

Copy submitted to the Principal Secretary, Health & Family Welfare department, Govt. of Odisha for favor of information.


Mission Director NHM, Odisha



Mission Directorate
National Health Mission, Odisha
Department of Health & Family Welfare,
Government of Odisha

Memo No.: 5393

Date: 29.04.16

Copy submitted to the Commissioner-cum-Secretary, S&ME department, Govt.of Odisha for favor of information.

Mission Director NHM, Odisha

Memo No.: 5394

Date: 29.04.16

Copy submitted to the Commissioner-cum-Secretary, W&CD department, Govt.of Odisha for favor of information.

Mission Director NHM, Odisha

Memo No.: 5395

Date: 29.04.16

Copy submitted to MD, OSMCL for information and necessary action.

Mission Director NHM, Odisha

Memo No.: 5396

Date: 29.04.16

Copy submitted to the Director Family Welfare, Odisha for information and necessary action.

Mission Director NHM, Odisha

Memo No.: 5397

Date: 29.04.16

Copy forwarded to CPRC section, NHM for information and necessary action.

Mission Director NHM, Odisha

Memo No.: 5398

Date: 29.04.16

Copy forwarded to all the ADMO (FW) for information and necessary action.

Mission Director NHM, Odish

Memo No.: 5399

Date: 29.04.16

Copy forwarded to all the DPM/ DMRCH for information and necessary action.

Mission Director NHM, Odisha

Brief Note on Distribution modalities of Sanitary Napkins

Distribution type	<p>Sanitary Napkins will be supplied for following category of beneficiaries.</p> <ol style="list-style-type: none"> 1. For Institutional Delivery cases (6 pkts / case) 2. For MTP case (6 pkts/case) 3. For rural adolescents (1pkt/ case) per month <p>Type of Sanitary Napkins</p> <ol style="list-style-type: none"> 1. Belt Type for MTP + Institutional Delivery cases+ for 30% of adolescent girls in each districts (under MHS) 2. Non belt type for remaining 70% rural adolescent girls (under MHS) 		
Distribution Mechanism for Adolescents under RKSK /state fund & MTP+ Institutional Delivery Case	<p>Supply Chain management of Sanitary napkins</p>	<p>Duration</p>	
	<p>From Manufacturer to District/ Block Level (CHCs)</p>	<p>-In coordination with OSMC the selected manufacturers will supply sanitary napkins directly to the District central ware house /block CHCs as per the block specific indent placed by district on half yearly basis keeping DPMU in loop. - MO I/C in coordination with CHC pharmacist will ensure proper storage of napkins in a clean, dry, rodent-free and secure place</p>	<p>Quarterly</p>
	<p>From Block to Sector level PHCs</p>	<p>-The MO I/C in coordination with CHC pharmacist and BPMU, will facilitate in sending the sanitary napkins to sector PHC. <i>*The mode of transportation of sanitary napkins will be as per the modalities of transportation of drugs from CHC to PHC</i></p>	<p>Quarterly</p>
	<p>From Sector level to ANM and ASHAs</p>	<p>-On the day of sector meeting, ANMs will receive the sanitary napkins from PHC based on the requirement of ASHAs under her sub centre.</p>	<p>Monthly</p>
<p>From ANM to ASHA</p>	<p>-After receiving the sanitary napkins from sector PHC, ANM will issue the same to ASHAs either on the spot or at sub-center after proper documentation.</p>	<p>Monthly</p>	
Consumption and reporting	<ul style="list-style-type: none"> • The consumption of sanitary napkins at institution level will be maintained by Labour room staff nurse and PPC Staff Nurse and a monthly consumption report is to be sent to DVLIM. DVLIM to compile and submit to DPM for onward transmission to the Joint Director (Maternal Health). • Consumption of Sanitary napkins at community level under MHS (consumption by adolescent girls) to be compiled by Assistant Manager ASHA who will submit to DPM and DPM will send the report to JD Tech, NHM. 		
Quarterly consumption plan	<ul style="list-style-type: none"> • District wise and block wise Quarterly consumption plan is required for supply chain planning as well as smooth distribution management .It was discussed to prepare the same plan to communicate OSMCL which is placed at Annexure-A. 		

BLOCK WISE REQUIREMENT OF SANITARY NAPKINS

1	ANUGUL	Angul	8024	2540	110869	33261	77606	13942	25869
2	ANUGUL	Angul DHH	27624	554		0	0	9393	0
3	ANUGUL	Athamalik	2154	1872	73489	22050	51449	8692	17150
4	ANUGUL	Athamalik SDH	2964	55		0	0	1006	0
5	ANUGUL	Banarpal	1182	2899	139265	41780	97486	15284	32495
6	ANUGUL	Chhendipada	9384	2500	110869	33291	77606	15078	25869
7	ANUGUL	Kaniha	6188	2074	95147	28544	66603	12268	22201
8	ANUGUL	Pallahada	3582	2175	86303	25891	60412	10550	20137
9	ANUGUL	Pallahada SDH	5340	244		0	0	1851	0
10	ANUGUL	Rajakshorenagar	5448	1585	71684	21505	50179	9513	16726
11	ANUGUL	Talcher	1218	1852	94825	26448	66378	10506	22126
12	ANUGUL	Talcher SDH	5868	500		0	0	2123	0
13	BALASORE	Bahanaga	5934	1894	94878	28463	66415	12097	22138
14	BALASORE	Balasaore	2892	3772	169401	50820	118581	19161	39527
15	BALASORE	Balasaore DHH	43236	1221		0	0	14619	0
16	BALASORE	Baliapal	7824	2835	135257	40577	94680	17079	31560
17	BALASORE	Besta	18300	2555	129441	38832	90609	18986	30203
18	BALASORE	Bhogara	7818	3728	194452	58336	136116	23294	45372
19	BALASORE	GKB-Hospital CHC	6114	360		0	0	2158	0
20	BALASORE	Jaleswer	6574	2899	139943	41983	97960	16819	32653
21	BALASORE	Khajra	3444	2563	123346	37004	86342	14337	28781
22	BALASORE	Nilagiri	2466	1925	88702	26611	62091	10334	20697
23	BALASORE	Nilagiri SDH	6084	102		0	0	2062	0
24	BALASORE	Oupeda	1266	1466	58857	17057	39800	6596	13257
25	BALASORE	Remuna	4728	2961	123456	37037	86419	14909	28606
26	BALASORE	Simulia	9798	1728	83326	24998	58328	12175	19443
27	BALASORE	Soro	17922	2454	96407	28922	67485	16433	22495
28	BALASORE	Sunahat Hospital OH	90	23		0	0	38	0
29	BARGARH	Ambabhona	1662	739	45515	13655	31861	5352	10620
30	BARGARH	Attabira	2928	2012	108947	32664	76263	12541	25421
31	BARGARH	Bargarh	36	2167	112131	33639	78492	11947	26164
32	BARGARH	Bargarh DHH	22208	1061		0	0	7756	0
33	BARGARH	Barpali	6114	1569	74401	22320	52081	10091	17360
34	BARGARH	Bhalla	1776	1150	62563	18769	43794	7232	14598
35	BARGARH	Bhaden	1860	1502	88245	26474	61772	9945	20591
36	BARGARH	Bijapur	3474	1391	74371	22311	52060	9059	17353
37	BARGARH	Gaisiet	2910	1356	64349	19305	45044	7857	15015
38	BARGARH	Jharabandha	3729	1201	54248	16274	37974	7067	12658
39	BARGARH	Padmapur (Rajbarsambar)	186	1732	81029	24309	56720	8742	18907
40	BARGARH	Padmapur SDH	8932	237		0	0	3023	0
41	BARGARH	Pakamal	3756	1706	81228	24368	56860	9943	18953
42	BARGARH	Sohela	9540	1648	96450	28935	67515	13374	22505
43	BHADRAK	Basudevpur	15114	4104	50153	15048	35107	11421	11702
44	BHADRAK	Bhadrak	138	3198	72250	21678	50552	8338	16861
45	BHADRAK	Bhadrak DHH	32268	1433		0	0	11234	0
46	BHADRAK	Bhandarpokhari	3420	1895	71850	21555	50295	8957	16765
47	BHADRAK	Bontle	8400	2244	41941	12582	29359	7742	9786
48	BHADRAK	Chandabati	8660	4181	82466	24740	57726	12860	19242
49	BHADRAK	Dhamnagar	6900	3262	59784	17935	41849	9366	13950
50	BHADRAK	Purunabazar OH	1152	324		0	0	492	0
51	BHADRAK	Tihidi	9132	3028	64240	19272	44968	10477	14999
52	BOLANGIR	Agalpur	744	1306	31779	9534	22245	3861	7415
53	BOLANGIR	Bangomunda	1050	2076	38619	11586	27033	4904	9011
54	BOLANGIR	Belapara	10410	2412	42520	12756	29764	8526	9921
55	BOLANGIR	Bolangir	294	1452	33957	10187	23770	3978	7923
56	BOLANGIR	Bolangir DHH	38540	1121		0	0	13254	0
57	BOLANGIR	Deogaon	570	1452	32201	9660	22541	3694	7514
58	BOLANGIR	Gudvella	3342	941	20528	6158	14370	3460	4760
59	BOLANGIR	Khaparakhole	3488	2124	30851	9255	21596	4949	7199
60	BOLANGIR	Loisinga	6474	1389	31643	9493	22150	5785	7383
61	BOLANGIR	Muribahal	1362	2218	37871	11361	26510	4980	8937
62	BOLANGIR	Patnagar SDH	14376	300		0	0	4892	0
63	BOLANGIR	Patnagarh	6462	2260	43133	12940	30193	7221	10064
64	BOLANGIR	Puintala	228	1557	36816	11045	25771	4277	8590
65	BOLANGIR	Saintala	4872	1633	39641	11892	27749	8132	9250
66	BOLANGIR	Titlagad SDH	13080	383		0	0	4481	0
67	BOLANGIR	Titlagarh	262	1967	40160	12048	28112	4766	9371
68	BOLANGIR	Turikona	23196	2427	27300	8190	19110	11271	6370
69	BOUDH	Boudh	2940	2263	51022	15307	35715	6837	11905
70	BOUDH	Boudh DHH	5202	265		0	0	1822	0
71	BOUDH	Harabhanga	3306	1911	44475	13343	31133	6187	10378
72	BOUDH	Kantamsia	14768	2341	52027	15606	36419	10905	12140
73	CUTTACK	Athagarh	1110	2099	82131	24839	57492	9283	19164
74	CUTTACK	Athagarh SDH	14708	224		0	0	4977	0
75	CUTTACK	Banki	1812	1488	65036	25511	59525	9604	18842
76	CUTTACK	Banki SDH	6120	185		0	0	2102	0
77	CUTTACK	Baramba	5292	2066	65513	19654	45859	9004	15286
78	CUTTACK	Beranga	4914	1292	56145	16844	39302	7853	13101
79	CUTTACK	Cuttack	1872	2570	51154	15346	35808	6596	11936
80	CUTTACK	Cuttack-City Hosp. DHH	6654	989		0	0	2548	0
81	CUTTACK	Cuttack-MCH	46956	249		0	0	15735	0
82	CUTTACK	Dompeta	114	1347	80443	24133	56310	8531	18770
83	CUTTACK	Kantapada	3936	1107	50817	15245	35572	6763	11857
84	CUTTACK	Mahanga	4002	2346	106132	31640	74292	12729	24764
85	CUTTACK	Narsinghpur	8094	2020	89248	26774	62474	12296	20825
86	CUTTACK	Niali	3060	1877	83532	25060	58472	9999	19491
87	CUTTACK	Nichintakoli	6882	2229	107073	32122	74951	13744	24984
88	CUTTACK	Saipur	6690	2541	110110	33033	77077	14066	25692
89	CUTTACK	Tangi Choudwar	5946	2669	89586	26876	62710	11830	20903
90	CUTTACK	Tigria	4278	1015	42370	12711	28659	6001	9686
91	DEBAGARH	Barkote	4038	1691	77179	23154	54025	9624	18008
92	DEBAGARH	Deogarh DHH	6204	263		0	0	2156	0
93	DEBAGARH	Reamal	3488	1733	76673	23002	53671	9401	17890
94	DEBAGARH	Tilebani	1832	1289	53141	15942	37199	8288	12400
95	DHENKANAL	Bhuban	5370	1530	34276	10283	23993	5728	7998
96	DHENKANAL	Bhuban CHC	1398	293		0	0	564	0
97	DHENKANAL	Dhenkanal	3576	2406	51347	15404	35943	7129	11981
98	DHENKANAL	Dhenkanal DHH	28476	605		0	0	9684	0

99	DHENKANAL	Gandia	4782	2521	51097	15329	36768	7544	11923
100	DHENKANAL	Hindol	1440	2718	59814	17944	41870	7367	13957
101	DHENKANAL	Hindol SDH	4248	144		0	0	1464	0
102	DHENKANAL	Kamakshyanagar	3036	1828	38272	11482	26790	5449	9930
103	DHENKANAL	Kamakshyanagar SDH	2352	244		0	0	885	0
104	DHENKANAL	Kankadahada	3168	2015	38974	11092	25882	5425	8627
105	DHENKANAL	Odapada	3396	2217	48174	14452	33722	6888	11241
106	DHENKANAL	Parajanga	4998	1962	44809	13443	31366	6801	10455
107	GAJAPATI	Gosani	1200	1421	22909	6873	16036	3165	5345
108	GAJAPATI	Gumma	1854	1255	26223	7867	18356	3659	6119
109	GAJAPATI	Kashinagar	1956	1279	16956	5087	11869	2774	3956
110	GAJAPATI	Mohana	6780	2765	44063	13219	30844	7588	10281
111	GAJAPATI	Nugada	1410	1193	18044	5413	12631	2672	4210
112	GAJAPATI	Paralakhemundi DHH	12072	524		0	0	4199	0
113	GAJAPATI	R Udayagiri	3072	1252	21152	6346	14806	3557	4935
114	GAJAPATI	Rayagada (Tribal)	3114	1267	23375	7013	16363	3798	5454
115	GANJAM	Aska	18402	2446	87827	26348	61479	15732	20493
116	GANJAM	Beguniapada	6662	2261	81717	24515	57202	11809	19067
117	GANJAM	Belaguntha	6576	1754	69123	20737	48386	9687	16129
118	GANJAM	Berhampur-MCH	35532	259		0	0	11930	0
119	GANJAM	Bhanjanagar SDH	16554	243		0	0	5699	0
120	GANJAM	Bhanjanagar	918	2065	41643	12493	29150	5159	9717
121	GANJAM	Buguda	7740	1980	69639	20992	48747	10204	16249
122	GANJAM	Chhatrapur	408	1894	82721	24816	57905	9039	19302
123	GANJAM	Chhatrapur SDH	6816	238		0	0	2351	0
124	GANJAM	Chikiti	3762	1907	63722	19117	44605	8262	14868
125	GANJAM	Christian-Hosp	19560	2711		0	0	7424	0
126	GANJAM	Dherakote	2202	1820	65779	19734	46045	7819	15348
127	GANJAM	Digapahandi	8076	2440	90482	27145	63337	12554	21112
128	GANJAM	Ganjam	4902	1652	54339	16302	38037	7619	12679
129	GANJAM	Ganjam DHH	17730	813		0	0	6181	0
130	GANJAM	Hinjilicut	10128	2081	66955	20087	49869	10765	15623
131	GANJAM	Jaganathasada	5244	2025	80025	24008	56018	10426	18673
132	GANJAM	Kabisuryanagar	5946	1897	69669	20907	48762	9583	16281
133	GANJAM	Khallikote	13074	2686	103096	30629	72167	15563	24056
134	GANJAM	Kukudakhandi	3774	2185	89763	26929	62834	10963	20945
135	GANJAM	Patrapur	6528	2116	78434	23530	54904	10725	18301
136	GANJAM	Polasara	10286	2253	81281	24384	56897	12311	18966
137	GANJAM	Purusottampur	7530	2412	87230	26169	61061	12037	20354
138	GANJAM	Rangelunda	432	2198	98343	29503	68840	10711	22947
139	GANJAM	Sanakhemundi	15120	2735	99409	29823	69586	15893	23195
140	GANJAM	Serapada	5358	2010	77887	23366	54521	10245	18174
141	GANJAM	Sorada	13434	2916	87392	26218	61174	14189	20391
142	JAGATISINGHAPUR	Baikuda	11724	2261	55490	16647	38843	10217	12948
143	JAGATISINGHAPUR	Biridi	84	917	27796	8339	19457	3113	6486
144	JAGATISINGHAPUR	Erasama	642	1851	49111	14733	34378	5742	11459
145	JAGATISINGHAPUR	Jagatsinghpur	588	2029	47668	14300	33386	5639	11122
146	JAGATISINGHAPUR	Jagatsingpur DHH	30774	166		0	0	10313	0
147	JAGATISINGHAPUR	Kupanga	5070	2781	59114	17734	41380	8528	13793
148	JAGATISINGHAPUR	Naugaon	180	941	26068	7820	18248	2980	6083
149	JAGATISINGHAPUR	Paradeep CHC	2604	249		0	0	951	0
150	JAGATISINGHAPUR	Raghunathpur	1848	1215	28088	8426	19662	3830	6554
151	JAGATISINGHAPUR	Tirto	1020	2011	54090	16227	37863	6419	12621
152	JAJAPUR	Barachana	10830	3344	167334	50200	117134	21458	39045
153	JAJAPUR	Bani	4302	2069	106620	32586	76034	12986	25345
154	JAJAPUR	Binjarpur	7208	2663	120212	38064	84148	15308	28049
155	JAJAPUR	Dangadi	9102	2255	89000	28700	62300	12686	20767
156	JAJAPUR	Dasarhpur	5620	2993	139416	41825	97591	16779	32530
157	JAJAPUR	Dharmasala	12366	3376	159096	47729	111367	21167	37122
158	JAJAPUR	Jaipur	1362	2403	119904	35971	83933	13245	27978
159	JAJAPUR	Jaipur DHH	39012	434		0	0	13149	0
160	JAJAPUR	Jaipur-Road CHC	9460	595		0	0	3358	0
161	JAJAPUR	Korei	2858	2378	112492	33748	78744	12994	26248
162	JAJAPUR	Rasulpur	2580	2526	123327	36988	86329	14035	28776
163	JAJAPUR	Sujanda	9426	2628	102582	30775	71807	14276	23936
164	JHARSUGUDA	Jharsuguda	2490	2622	36485	11546	26940	5553	8980
165	JHARSUGUDA	Jharsuguda DHH	14898	1577		0	0	5492	0
166	JHARSUGUDA	Kijimira	954	509	20786	6236	14550	2566	4850
167	JHARSUGUDA	Kolabira	1146	641	23258	6977	18281	2921	5427
168	JHARSUGUDA	Lakera	1506	643	24221	7286	18955	3138	5852
169	JHARSUGUDA	Lakhenapur	5214	2216	69821	20646	48175	9359	16058
170	KALAHANDI	Bhawanipatna	2028	2956	56269	17481	40788	7488	13596
171	KALAHANDI	Bhawanipatna DHH	32934	976		0	0	11303	0
172	KALAHANDI	Dharamagada	606	2203	47823	14287	33336	5699	11112
173	KALAHANDI	Dharmagarh SDH	4050	177		0	0	1409	0
174	KALAHANDI	Golamunda	2820	2297	44252	13276	30976	6131	10325
175	KALAHANDI	Jaipalna	5028	2229	44668	13400	31268	6886	10423
176	KALAHANDI	Junagarh	3438	2941	59337	17801	41536	8080	13845
177	KALAHANDI	Kalampur	2970	850	20525	6158	14368	3326	4789
178	KALAHANDI	Kalamunda	1872	779	19624	5887	13737	2846	4579
179	KALAHANDI	Kesinga	6222	2020	39577	11873	27704	6705	9235
180	KALAHANDI	Koksara	8586	2192	40788	12230	28538	7669	9513
181	KALAHANDI	Lanjarh	3234	1941	31842	9553	22289	4908	7430
182	KALAHANDI	M.Rampur	3642	1370	27516	8255	19261	4422	6420
183	KALAHANDI	Narika	3270	1830	41341	12402	28939	5834	9646
184	KALAHANDI	Th. Rampur	1284	1630	26595	7979	18617	3631	6206
185	KANDHAMAL	Baliguda	2190	1485	25018	7505	17513	3730	5838
186	KANDHAMAL	Baliguda SDH	5718	182		0	0	1967	0
187	KANDHAMAL	Chakapada	1146	697	14743	4423	10320	2089	3440
188	KANDHAMAL	Daringibadi	7266	2628	36681	11004	25677	6933	8559
189	KANDHAMAL	G.Udayagiri	1656	613	10284	3085	7199	1785	2400
190	KANDHAMAL	Khajuripada	2256	812	17837	5351	12488	2806	4162
191	KANDHAMAL	Kotagada	2820	1265	17284	5185	12099	3090	4033
192	KANDHAMAL	Nugaon	3252	1069	17398	6219	12179	3180	4060
193	KANDHAMAL	Phiringa	6396	1633	29010	8403	19807	5477	8536
194	KANDHAMAL	Phulbani	1242	626	13412	4024	9388	1964	3129
195	KANDHAMAL	Phulbani DHH	11730	430		0	0	4053	0
196	KANDHAMAL	Raika	2412	889	17400	5223	12186	2841	4062
197	KANDHAMAL	Tikabati	3216	759	16585	4976	11610	2984	3870
198	KANDHAMAL	Tumudibandha	2430	1043	15150	4545	10605	2673	3535
199	KENDRAPARA	Aul	7878	2057	48542	14563	33979	8166	11328
200	KENDRAPARA	Derabish	3426	1956	50265	15080	35186	6821	11729
201	KENDRAPARA	Garadapur	3576	1237	38457	11537	28920	5450	8973
202	KENDRAPARA	Kendrapara	1902	2152	52539	15781	36777	6605	12259
203	KENDRAPARA	Kendrapara DHH	28352	546		0	0	9966	0
204	KENDRAPARA	Manakalapada	6144	3082	73960	22158	51702	10461	17234
205	KENDRAPARA	Marshagha	3078	1493	44142	13243	30899	5838	10300
206	KENDRAPARA	Partamunda	6180	2798	56443	16933	39510	8827	13170
207	KENDRAPARA	Rajakaniha	6402	2069	48317	14495	33822	7655	11274

208	KENDRAPARA	Rajnagar	8480	2799	59140	17742	41398	9667	13799
209	KENDUJHAR	Anandapur	246	2018	72916	21875	51041	8046	17014
210	KENDUJHAR	Anandapur SDH	16770	481		0	0	5750	0
21	KENDUJHAR	Bansapat	4908	2322	68164	20448	47715	9226	15905
212	KENDUJHAR	Champua SDH	12860	255		0	0	4305	0
213	KENDUJHAR	Champua	2568	1564	76676	23003	53673	9045	17891
214	KENDUJHAR	Ghasipura	5232	2345	98766	29630	69138	12402	23045
215	KENDUJHAR	Ghataganon	5880	2093	78662	23599	55063	10524	18354
216	KENDUJHAR	Harichandapur	7410	2792	94514	28354	66160	12652	22053
217	KENDUJHAR	Hatadhi	3546	2729	109455	32637	76619	13037	25540
218	KENDUJHAR	Jhumpura	8034	2038	75232	22670	62662	10680	17554
219	KENDUJHAR	Joda	11190	4355	83595	25079	58517	13541	19506
220	KENDUJHAR	Keonjhar DHH	18464	778		0	0	6748	0
221	KENDUJHAR	Keonjhar	3792	2551	107660	32298	75362	12880	25121
222	KENDUJHAR	Patana	8454	1693	67501	20250	47251	10132	16750
223	KENDUJHAR	Saharpada	1008	1337	58718	17615	41103	6853	13701
224	KENDUJHAR	Telkoi	5900	1802	64223	19287	44956	8323	14985
225	KHORDHA	Balianta	1188	1610	47672	14302	33370	5700	11123
226	KHORDHA	Balipatna	2442	1434	48989	14657	34292	6191	11431
227	KHORDHA	Banapur	5304	2206	54027	16208	37819	7906	12806
228	KHORDHA	Begunia	1588	1778	55921	16776	39145	6741	13048
229	KHORDHA	Bhubaneswar	534	2357	59345	17804	41542	6898	13847
230	KHORDHA	Boiagarh	2894	1733	56136	16841	39296	7089	13098
231	KHORDHA	Capital-Hosp_BBSR DHH	50880	5176		0	0	18685	0
232	KHORDHA	Chitika	8148	2029	51417	15425	35992	8534	11997
233	KHORDHA	Jalani	2802	1862	42750	12825	29925	5830	9975
234	KHORDHA	Khurda	684	2223	58445	17534	40912	6814	13637
235	KHORDHA	Khurda DHH	24864	651		0	0	8505	0
236	KHORDHA	Municipal Hosp-BBSR	8166	601		0	0	2922	0
237	KHORDHA	Tangi	10944	2374	71691	21507	50184	11608	16728
238	KORAPUT	Bandhugaon	2718	1402	18749	5625	13124	3248	4375
239	KORAPUT	Boipariguda	5358	2447	35208	10562	24646	6122	8216
240	KORAPUT	Borigumma	9354	3240	48678	14603	34075	9066	11358
241	KORAPUT	Desmantapur	2460	1889	25666	7790	18176	4046	6059
242	KORAPUT	Jeyapore SDH	11964	1187		0	0	4384	0
243	KORAPUT	Jeypur	2838	2463	38885	11666	27220	5656	9073
244	KORAPUT	Koraput	1684	1410	23800	7140	16680	3478	5553
245	KORAPUT	Koraput DHH	18234	695		0	0	6310	0
246	KORAPUT	Kotapad	4146	2122	30202	9061	21141	5110	7047
247	KORAPUT	Kundra	3018	1529	22770	6831	15939	3793	5313
248	KORAPUT	Lampalput	2376	1052	21178	6353	14825	3260	4942
249	KORAPUT	Laxmipur	3648	1243	19035	5711	13325	3534	4442
250	KORAPUT	Nandapur	3738	1864	29091	8727	20364	4778	6788
251	KORAPUT	Narayanpetra	2274	1021	13857	4157	9700	2484	3233
252	KORAPUT	Pattangi	2718	1517	22060	6618	15442	3618	5147
253	KORAPUT	Semiliguda	3529	1846	25880	7755	18095	4310	6032
254	KORAPUT	Sunabada CHC	1260	314		0	0	525	0
255	MALKANGIRI	Kalimela	7006	2592	40363	12109	28254	7236	9418
256	MALKANGIRI	Khairapat	2964	1015	14679	4404	10275	2794	3425
257	MALKANGIRI	Korkunda	7098	2890	43184	12955	30229	7648	10076
258	MALKANGIRI	Kudumulguma	1818	1869	21243	6373	14670	3287	4957
259	MALKANGIRI	Malkangiri	4002	1494	22884	6866	16019	4120	5340
260	MALKANGIRI	Malkangiri DHH	14490	542		0	0	5011	0
261	MALKANGIRI	Mathili	3678	2163	32831	9849	22982	5230	7661
262	MALKANGIRI	Podia	3336	1224	19737	5921	13816	3494	4605
263	MAYURBHANJ	Bahalada	3000	1282	29415	8825	20591	4369	6864
264	MAYURBHANJ	Bangiposi	5502	1640	35496	10649	24847	5930	8282
265	MAYURBHANJ	Barasahi	5328	2012	49663	14989	34974	7443	11658
266	MAYURBHANJ	Baripada	1560	1528	23841	7152	16689	3413	5583
267	MAYURBHANJ	Baripada DHH	43524	637		0	0	14720	0
268	MAYURBHANJ	Betanioti	8214	2180	51401	15420	35981	8605	11994
269	MAYURBHANJ	Bijaitola	1770	1159	21939	6582	15357	3170	5119
270	MAYURBHANJ	Bisoi	6060	1340	25481	7644	17837	5015	5946
271	MAYURBHANJ	Gopabandhunaagar	3738	1011	25750	7725	18025	4158	6008
272	MAYURBHANJ	Jamada	2676	1081	20299	6090	14209	3282	4736
273	MAYURBHANJ	Jasipur	6858	1807	34530	10359	24171	6341	8057
274	MAYURBHANJ	Kaplipada	7128	3179	50817	15245	35572	8517	11857
275	MAYURBHANJ	Karanja	984	1424	31270	9381	21889	3930	7296
276	MAYURBHANJ	Karanja SDH	22434	239		0	0	7558	0
277	MAYURBHANJ	Khunia	2388	1087	26345	7604	17742	3893	5914
278	MAYURBHANJ	Kuliana	3540	1585	34563	10369	24194	5165	8065
279	MAYURBHANJ	Kusumi	3858	1691	31820	9546	22274	5032	7425
280	MAYURBHANJ	Morada	4740	1493	35462	10839	24823	5624	8274
281	MAYURBHANJ	Rairangapur	1390	975	20693	6208	14485	2954	4826
282	MAYURBHANJ	Rairangpur SDH	16830	271		0	0	5700	0
283	MAYURBHANJ	Rairuan	1632	1178	22727	6818	15909	3209	5303
284	MAYURBHANJ	Rasgobindapur	3630	1402	32979	9894	23085	5075	7695
285	MAYURBHANJ	Samakhuia	936	1206	34450	10335	24115	4159	8038
286	MAYURBHANJ	Sarasakana	5352	1498	27301	8190	19111	5013	6370
287	MAYURBHANJ	Sukuti	3360	971	20694	6208	14486	3513	4829
288	MAYURBHANJ	Suliapada	4440	1337	34945	10484	24462	5420	8154
289	MAYURBHANJ	Thakuramunda	10074	2229	35777	10733	25044	7679	8348
290	MAYURBHANJ	Tingri	3000	917	19502	5851	13651	3266	4550
291	MAYURBHANJ	Udala	930	1158	26021	7806	18215	3298	6072
292	MAYURBHANJ	Udala SDH	11568	115		0	0	3894	0
293	NABARANGAPUR	Chandahandi	3684	1341	25493	7648	17845	4224	5948
294	NABARANGAPUR	Dabugon	5089	1546	23318	6995	16323	4543	5441
295	NABARANGAPUR	Jharigan	6888	3487	51727	15518	36209	8631	12070
296	NABARANGAPUR	Kosagumuda	10962	3380	56418	18625	38793	10322	12931
297	NABARANGAPUR	Nandahandi	2244	1308	27400	8220	19180	3924	6393
298	NABARANGAPUR	Nawamagarapur	1560	1604	21512	6454	15058	3206	5018
299	NABARANGAPUR	Nawamgur DHH	12564	467		0	0	4344	0
300	NABARANGAPUR	Papadahandi	10362	3056	46242	13873	32369	9097	10790
301	NABARANGAPUR	Raighar	10626	3960	62831	18849	43582	11155	14661
302	NABARANGAPUR	Tentulikhunt	4626	1756	29060	8718	20342	5033	6781
303	NABARANGAPUR	Umerakote	18432	4066	57527	17268	40269	13252	13423
304	NAYAGARH	Bhapur	2460	1527	74561	22368	52193	8785	17398
305	NAYAGARH	Dasapalla	5626	1550	73406	22022	51384	9699	17126
306	NAYAGARH	Gania	1986	569	27210	8163	19047	3573	6349
307	NAYAGARH	Khandapada	3714	1554	75776	22733	53043	9334	17681
308	NAYAGARH	Nayagarh	540	2047	105965	31790	74176	11459	24725
309	NAYAGARH	Nayagarh DHH	19632	212		0	0	6615	0
310	NAYAGARH	Nuaganon	2712	1347	65885	19766	46120	7942	15379
311	NAYAGARH	Odaganon	3222	2611	119670	35901	83769	13911	27923
312	NAYAGARH	Ranapur	9324	2402	119330	35799	83531	15842	27844
313	NUAPADA	Boden	3126	1693	28396	8519	19877	4446	6626
314	NUAPADA	Khariar	14670	2333	38480	11544	26938	9516	8979
315	NUAPADA	Komna	8162	2694	47757	14327	33430	7728	11143

316	NUAPADA	Nuapada	4266	2680	47534	14260	33274	7069	11091
317	NUAPADA	Nuapada DHH	20982	228		0	0	7070	0
318	NUAPADA	Sinapali	4446	2310	38199	11460	26739	6072	8913
319	PURI	Astaranga	1308	1003	53503	18051	37452	6121	2484
320	PURI	Brahmagiri	4560	1892	90775	27233	63543	11228	1181
321	PURI	Delanga	2940	1573	80321	24096	56225	9538	18742
322	PURI	Gopa	2874	2180	108033	32410	75623	12488	25208
323	PURI	Kakalapur	2946	1335	69918	20975	48943	8419	16314
324	PURI	Kanas	4050	2085	92845	27854	64992	11330	21664
325	PURI	KDMM-Pun OH	6618	741		0	0	2453	0
326	PURI	Krushnaprasad	732	1300	58178	17453	40725	6495	13575
327	PURI	Nimapara	4584	2424	123614	37084	86530	14697	28643
328	PURI	Pipili	4586	1985	91297	27389	63908	11313	21303
329	PURI	Puri	1824	1928		0	0	1251	0
330	PURI	Puri DHH	23952	960	98163	29449	68714	18120	22905
331	PURI	Satyabadi	4692	1298	73897	22109	51588	9366	17195
332	RAYAGADA	Bissamachuttack	7116	1902	29680	8904	20776	5974	8925
333	RAYAGADA	Chandrapur	1146	906	13196	3959	9237	2004	3079
334	RAYAGADA	Gudan	2100	1002	13719	4116	9603	2406	3201
335	RAYAGADA	Gurupur	1398	1605	26003	7801	18202	3601	8067
336	RAYAGADA	Gurupur SDH	7434	275		0	0	2570	0
337	RAYAGADA	K. Singpur	4656	1288	20461	6138	14323	4027	4774
338	RAYAGADA	Kasipur	3318	3411	45127	13538	31589	6756	10530
339	RAYAGADA	Kolanara	1152	1350	23694	7109	16586	3203	5528
340	RAYAGADA	Muniguda	7236	1981	30024	9007	21017	6075	7006
341	RAYAGADA	Padmapur	2958	1038	18119	5436	12683	3144	4228
342	RAYAGADA	Ramanaguda	2232	965	16886	5066	11820	2754	3940
343	RAYAGADA	Rayagada	798	2437	40855	12257	28599	5164	9533
344	RAYAGADA	Rayagada DHH	16038	1180		0	0	5733	0
345	SAMBALPUR	Bamara	4122	1304	53217	15965	37252	7130	12417
346	SAMBALPUR	Dhankauda	252	1212	54982	16495	38487	5888	12829
347	SAMBALPUR	Hirakud CHC	408	375		0	0	261	0
348	SAMBALPUR	Jamanakera	2334	1250	51904	15571	38333	6385	12111
349	SAMBALPUR	JP Maternity OH	800	441		0	0	347	0
350	SAMBALPUR	Jumura	1998	1135	46527	13858	32569	5897	10856
351	SAMBALPUR	Kuchinda	240	823	39498	11849	27649	4304	9216
352	SAMBALPUR	Kuchinda SDH	9894	240		0	0	3378	0
353	SAMBALPUR	Maneswar	540	1289	54356	16307	38049	6045	12683
354	SAMBALPUR	Naktideul	3450	948	36351	10605	24746	5001	8249
355	SAMBALPUR	Rairakhole	282	813	30928	9278	21650	3458	7217
356	SAMBALPUR	Rairakhole SDH	4638	215		0	0	1618	0
357	SAMBALPUR	Rengali	606	1393	50486	15140	38326	5713	11775
358	SAMBALPUR	Sambalpur DHH	22224	1690		0	0	7971	0
359	SAMBALPUR	VSSMC-Burla	29544	539		0	0	10028	0
360	SONAPUR	Binika	2856	1441	64372	19312	45060	7870	15020
361	SONAPUR	Biramaharajpur	4422	1508	67389	20217	47172	8716	15724
362	SONAPUR	Dunguripali	10002	1713	87488	26246	61242	12654	20414
363	SONAPUR	Soanpur DHH	12144	264		0	0	4196	0
364	SONAPUR	Sonepur	1044	1158	57071	17121	39950	6440	13317
365	SONAPUR	Tarava	2568	1307	59611	17883	41728	7253	13909
366	SONAPUR	Ullunda	2532	1394	63485	19046	44440	7657	14813
367	SUNDARGARH	Balisankara	3084	1274	44490	13347	31143	5902	10381
368	SUNDARGARH	Baragam	3264	874	36287	10886	25401	5008	8467
369	SUNDARGARH	Biramitrapur CHC	2640	335		0	0	992	0
370	SUNDARGARH	Bisra	5870	1267	38991	11097	25894	6011	8631
371	SUNDARGARH	Bonei SDH	4644	102		0	0	1582	0
372	SUNDARGARH	Boneigarh	1296	890	46822	14047	32775	5411	10925
373	SUNDARGARH	Gurundia	1038	1172	34775	10433	24343	4214	8114
374	SUNDARGARH	Hemagin	4044	1178	43900	13170	30730	6130	10243
375	SUNDARGARH	Ispat General Hospital, Rourkela	6408	610		0	0	2339	0
376	SUNDARGARH	Koira	4404	1895	45071	13521	31550	6607	10517
377	SUNDARGARH	Kunaramunda	4620	1537	55503	16651	38852	7603	12951
378	SUNDARGARH	Kutra	4844	1172	41777	12533	29244	6218	9748
379	SUNDARGARH	Lahunipada	5790	1913	51670	15501	36169	7735	12056
380	SUNDARGARH	Lathikata	2784	1881	75961	22788	53173	9151	17724
381	SUNDARGARH	Leptrinpara	2988	1136	40917	12275	28642	5468	9547
382	SUNDARGARH	Nuagaon	4812	1529	55109	16533	38576	7625	12859
383	SUNDARGARH	Rajgangapur	426	1597	54540	16382	38178	6128	12726
384	SUNDARGARH	Rajgangapur-Hospital CHC	6312	679		0	0	2330	0
385	SUNDARGARH	RGH-Rourkela DHH	29970	298		0	0	10089	0
386	SUNDARGARH	Subdega	2988	808	33356	10007	23349	4601	7783
387	SUNDARGARH	Sundargarh	498	821	36815	11045	25771	4121	8590
388	SUNDARGARH	Sundargarh DHH	20886	595		0	0	7180	0
389	SUNDARGARH	Tangarpalli	468	774	33418	10025	23393	3756	7798
			2552484	629987	17817391	5345232	12472181	2842568	4157393



Operational Guideline of Menstrual Hygiene Scheme under Rastriya Kishor Swasthya Karyakram (RKSK)

National Health Mission

Department of Health and Family Welfare

Government of Odisha

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Operational Guideline of Menstrual Hygiene Scheme

1. Introduction:

Taking cognizance of the need to respond to the health and development needs of adolescents (10-19 years) in a holistic manner, the Ministry of Health & Family Welfare, Govt. of India has launched the National Adolescent Health Program - "Rastriya Kishore Swasthya Karyakarm (RKSK)". The strategic priority areas of the programme are nutritional, sexual and reproductive health, non-communicable diseases, substance misuse, injuries and violence and mental health. The programme strategies are broadly grouped into community based interventions and facility based interventions. Menstrual Hygiene Scheme (MHS) is one of the community based interventions under this programme.

2. Rationale:

Menstrual hygiene practices are influenced by culture, taboos and social restrictions for women as well as adolescent girls in India. Inadequate knowledge on menstrual hygiene, limited access to menstrual hygiene commodities, and lack of safe sanitary facilities could prove to be barriers for mobility and adopting safe hygienic practices to manage menstruation. From different studies it is understood that traditionally majority of women and girls in India use un-sanitized clothes as pads during menstruation. This offers no protection nevertheless imperil menstrual hygiene with long term reproductive health implication. Lack of access to menstrual hygiene including sanitary napkins, privacy and safe disposal could also hamper school attendance of the adolescent girls. This necessitates maintaining proper menstrual hygiene for health and wellbeing of adolescent girls. To address the issue of menstrual hygiene of rural adolescent girls both in in-school and out-of school, the Menstrual Hygiene Scheme (MHS) under RKSK is being rolled out in the state of Odisha.

3. Objective of the Menstrual Hygiene Scheme:

The objectives of MHS are:

- To increase awareness among adolescent girls on menstrual hygiene, build self-esteem, and empower girls for greater socialization
- To increase access to and use of high quality sanitary napkins by adolescent girls in rural areas
- To ensure safe disposal of sanitary napkins in an environment friendly manner.

4. Target group:

The programme will be targeted to rural adolescent girls from 10 to 19 years of age group both in and out of school in all districts of Odisha.

5. Strategies for Implementation of Menstrual Hygiene Scheme:

The scheme will adopt two strategies for implementation. **1. Awareness creation and Demand Generation on Menstrual Hygiene and 2. Supply side Intervention**

6. Implementation modality of Menstrual Hygiene Scheme:

Various components of the implementation modality of MHS and its operational steps are delineated below.

6.1. Awareness creation and Demand generation among adolescents on Menstrual Hygiene:

Activity: 6.1.1 Community based: Health education and outreach through Peer education and other community mechanisms

- *Through RKSK Programme:* Awareness creation on menstrual hygiene and demand generation for use of sanitary napkins among adolescent girls can be promoted through weekly peer education sessions to be conducted under RKSK programme. ASHAs will facilitate female Peer educators in promoting menstrual hygiene and closely involve in supply and distribution of the sanitary napkins.
- *Through SABLA Programme:* Where-ever Kishori Samooch under SABLA programme is active, ASHAs can participate in their meeting session to create awareness on menstrual hygiene and promote use of sanitary napkins.
- *Through household visit of ASHAs:* The above will be complemented by household visit of ASHAs to promote menstrual hygiene among girls who are unable to attend the peer sessions/Kishori Samooch meetings. In addition to ASHAs will sensitize parents of adolescent girls especially mothers regarding the menstrual hygiene, this will create an enabling environment for adolescent girls for procurement and use of sanitary napkins.

Activity: 6.1.2. Institution based: Through Schools

- Awareness creation and promotion of menstrual hygiene for school going adolescents will be done through schools by peer educators and nodal school teachers (lady teachers).
- In residential high schools (500) under ST & SC Department and Kastruba Gandhi Balika Vidyalayas under School and Mass Education Department, Life Skills based Education on Adolescent Reproductive and Sexual Health (LSE-ARSH) trained nodal teachers will promote menstrual hygiene.
- Resource material on menstrual hygiene will be provided to school teachers. Where ever convenient the Rashtriya Bal Surakhya Karyakram (RBSK) team will sensitize school teachers on menstrual hygiene during their school visit.

6.2: Supply side Intervention:

Activity 6.2.1 Sourcing and procurement of Sanitary napkins:

The requirement of sanitary napkins for each district is based on 70% of the total population of adolescent girls in the age group 10-19 years, based on varying ages of onset of menarche between

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10-12 years. The sourcing of sanitary napkins will be done through manufacturers through a competitive bidding process.

- Step 1: The specifications of the sanitary napkins will be finalized by the NHM.
- Step 2: Procurement through competitive bidding Process by State Drug Management Unit (SDMU)/OSMCL.
 - *The quality of sanitary napkins will be ensured by OSMCL as per prescribed standard. The requirement of quantity to be procured yearly will be finalized by DFW(O)/NHM on the basis of the requirement received from the districts and shared with OSMCL.*

Activity 6.2.2 Indenting Sanitary napkins:

- **State:** Estimate district requirement of sanitary napkins and consolidate for state and place *quarterly indent* to Manufacturers
- **District:** Estimate block requirement of sanitary napkins and consolidate for district and place *quarterly indent* to state .
- **Block:** Estimate sub-center requirement of sanitary napkins and consolidate for block and place *quarterly indent* to DPMU
- **Sub Centre (ANM):** Estimate village requirement through ASHA and consolidate for the sub centre and place *monthly indent* to BPMU CHC and a copy to sector PHC
- **ASHA:** Estimate village requirement and place *monthly indent* to ANM

Sector PHC will be the storage and distribution points of sanitary napkins to ANMs

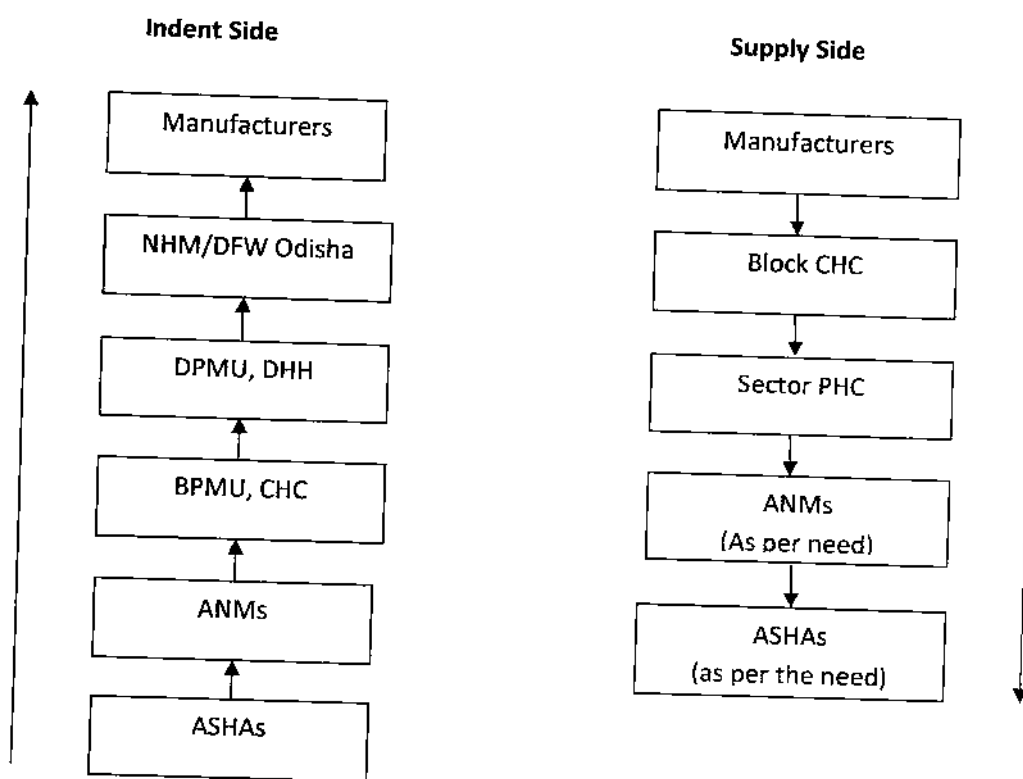
Activity 6.2.3: Supply chain management of Sanitary napkins

Supply Chain management of Sanitary napkins			Timeline
Step 1	From Manufacturer to Block Level (CHCs)	1. In coordination with SDMU/OSMCL, the selected manufacturers will supply sanitary napkins directly to the block CHCs as per the block specific indent placed by DFW/NHM on a quarterly basis keeping DPMU in loop 2. Block Programme Management Unit will ensure proper storage of napkins in a clean, dry, rodent-free and secure place. <i>Transportation cost of sanitary napkins up-to block level to be included in the cost of the pack.</i>	Quarterly
Step 2	From Block to Sector level PHCs	1. The BPMU will facilitate in sending the napkins to PHC. <i>* BPMU vehicle may carry the sanitary napkins to sector PHC and deliver the same, as part of their regular field visit.</i>	Quarterly
Step 3	From	1. On the day of sector meeting, ANMs will receive	Monthly

	Sector level to ANM and ASHAs	the sanitary napkins from PHC based on the requirement of ASHAs under her sub centre.	
Step 4	From ANM to ASHA	1. After receiving the sanitary napkins from sector PHC, ANM will issue the same to ASHAs either on the spot or at sub-center after proper documentation.	Monthly

* If needed transportation cost from block to sector (PHC) can be met from the income generated from the sales of sanitary napkins in the block. The first round of transportation cost needs to be borne by NHM from funds available for transportation of drug supplies/ untied fund.

Indenting and Supply Chain: Schematic Representation



6.3 Ensure Regular availability and Marketing of sanitary napkins to adolescents:

- The ASHA will be responsible for ensuring adequate supply of sanitary napkins to adolescent girls both at community and schools who required them.
- The ASHAs will sale sanitary napkins to the adolescent girls at a subsidized rate (Rs 6/pack of 6 pieces) through schools, directly in the community, Peer education sessions, Kishori Samooaha meetings, home visits etc. or any other channel identified by ASHAs. Out Rs.6 , ASHA will receive Rs.1/-as her incentive.
- ASHA will keep one packet/month as free.

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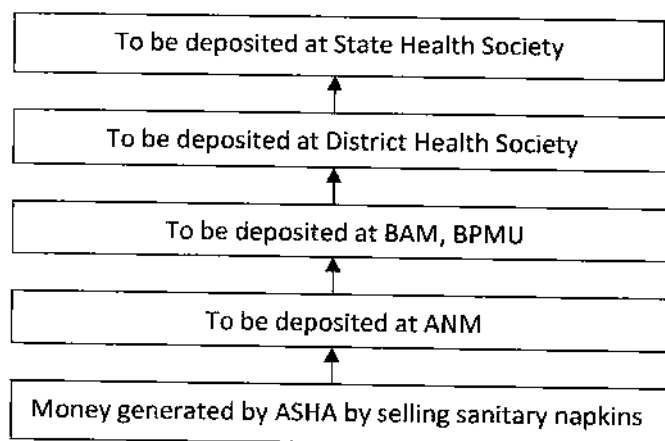
- The sanitary napkins can be sold to girls at peer education sessions facilitated female peer educators.
- Where-ever required, the nodal teachers of schools could facilitate in stock maintenance and selling the of packs to adolescent girls
- The sanitary napkins will be marketed at a subsidized rate of Rs.6/- per pack. ASHAs and the Peer Educators would be instrumental for facilitating the process. From the sale of each pack, ASHA will receive Rs.1/- as her incentive and the rest Rs.5/- will be deposited in District Health Society. Finally the District Health Society will be deposited the fund at State Health Society.

6.4 Recouping fund generated from selling of Sanitary napkins:

The sanitary napkins will be sold to adolescent girls at a subsidized price of Rs 6 / per pack. ASHA will get an incentive of Rs 1/ from the sale of each pack. The recouping mechanism of fund generated from selling of sanitary napkins is enumerated in the following table.

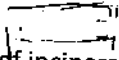
Recouping fund generated from selling of Sanitary napkins:			Timeline
Step 1	From ASHA to ANM	ASHA will deposit the money generated from selling of sanitary napkins at ANM after deducting Rs 1/per pack sold at the sector meeting.	Monthly
Step 2	From ANM to Block Accounts Manager (BAM)	ANM will deposit the money collected from ASHs under her sub-centre to Block Accounts Manager at block level meeting	Monthly
Step 3	BAM to District Health Society	The balance fund after meeting the cost of transportation and storage (if any) of sanitary napkins from block to sector PHCs and sector to ASHA residence will be deposited to District Health Society by the Block Data Manager.	Monthly
Step 4	District Health Society to State Health Society	The District Health Society will deposit the money to State Health Society. The fund generated through selling of sanitary napkins should be used in the programmes for adolescents.	Monthly

Recouping fund generated from selling of Sanitary napkins: Schematic Representation



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- 7 **Safe Disposal of Sanitary napkins:** Safe disposal of sanitary napkins is an integral part of the menstrual scheme. According to central pollution control board (CPCB), sanitary napkins are classified as municipal waste. As per municipal solid waste (management and handling) rules 2000, sanitary napkins are considered as household waste and are disposed of after segregation into biodegradable and non-biodegradable components.

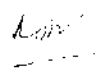
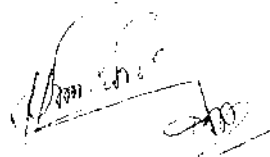
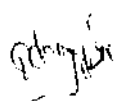
At community level disposal can be made through deep pit burials 
At schools specifically residential schools installations of incinerators could be considered for disposal of sanitary napkins.

- 8 **Training on Menstrual Hygiene:** Training on menstrual hygiene to different target groups can be clubbed with RSKS training plan. Trainees at different levels are cited below
- *District level:* District ASHA Coordinators, Deputy Manager, RCH and GKS Coordinators
 - *Block Level:* Block Programme Managers, ANMs, and ASHA trainers
 - *Sector level:* ASHAs
- 9 **Behaviour Change Communication (BCC):** Information, Education and Communication (IEC) and BCC materials such as flipchart, leaflets etc. on menstrual hygiene will be prepared and existing forums will be used to do interpersonal communication to promote menstrual hygiene. Wherever possible messages on menstrual hygiene would be incorporated in the existing IEC campaign under NHM Odisha. A two pages educational material on *menstrual hygiene for adolescent girls* will be developed and will be distributed to adolescent girls (at schools and peer sessions); Adolescent Friendly Health Clinics (AFHCs), ASHAs and Anganwadi Workers (AWWs). The resource materials used for menstrual hygiene campaign under Improving Healthy Behaviour Programme (IHBP) managed by FHI360 will be adapted to Odisha context and will be used IEC and BCC purpose.

10 Monitoring and Supervision:

The components under the menstrual hygiene scheme which are needed to monitored are as follows.

- **Quality of Sanitary napkins:** The State Drug Management Unit /OSMCL will ensure that the sanitary napkins supplied under the programme are as per the prescribed standard
- **Uninterrupted supplies:** The state will monitor the procurement and distribution to ensure that supply of sanitary napkins is not interrupted and stocks are available at different levels round the year. State will designate officials at various level to maintain inventories
- **Distribution and Sale:** The distribution and sale of sanitary napkins will be monitored at sub-centre, block, district and state levels
 - The ASHA would maintain a monthly record of sanitary napkins sold to adolescent girls and keep accounts of money recovered by selling.
 - The ANM and Gaon Kalyana Samiti (GKS) will do the monitoring village level to ensure proper access of sanitary napkins to all adolescents girls
 - The monitoring of MHS will also be the part of the monitoring and review process of senior officials at all levels above the ANM.



Monitoring framework:

At State level

- Estimate district requirement of sanitary napkins and consolidate for state.
- Set up quality assurance system.
- Identify source of procurement.
- Finalise contracts for procurement.
- Set up supply chain system
- Review and feedback to districts on monthly monitoring reports.
- Conduct quarterly meetings to review programme implementation and progress.
- Annual audit of accounts for implementing districts and state.

District

- Estimate block requirement of sanitary napkins and consolidate for district.
- Set up distribution system for blocks.
- Monthly meetings to review programme implementation and feedback on report.
- Monthly financial review of funds flow and funds recouped into the District Health Society (DHS).
- Annual audit of accounts from blocks.

Block

- Estimate Sub-Centre requirement of sanitary napkins and consolidate for block.
- Set up distribution system to sector level
- Monthly meetings to review programme implementation and progress.
- Monthly financial review of funds flow, expenditures incurred on storage and transport and quantification of funds to be recouped into the DHS.

Sector

- Monthly meetings to review programme implementation and progress.
- Monthly financial review of funds flow, expenditures incurred on storage and transport

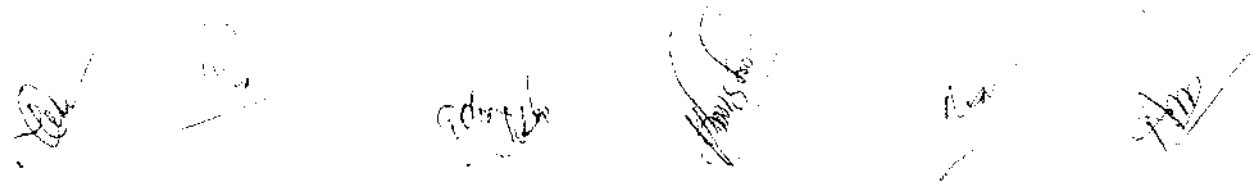
Sub-Centre

- Estimate sanitary napkins requirements
- Recoupment of funds

Village: ANM/GKS female members

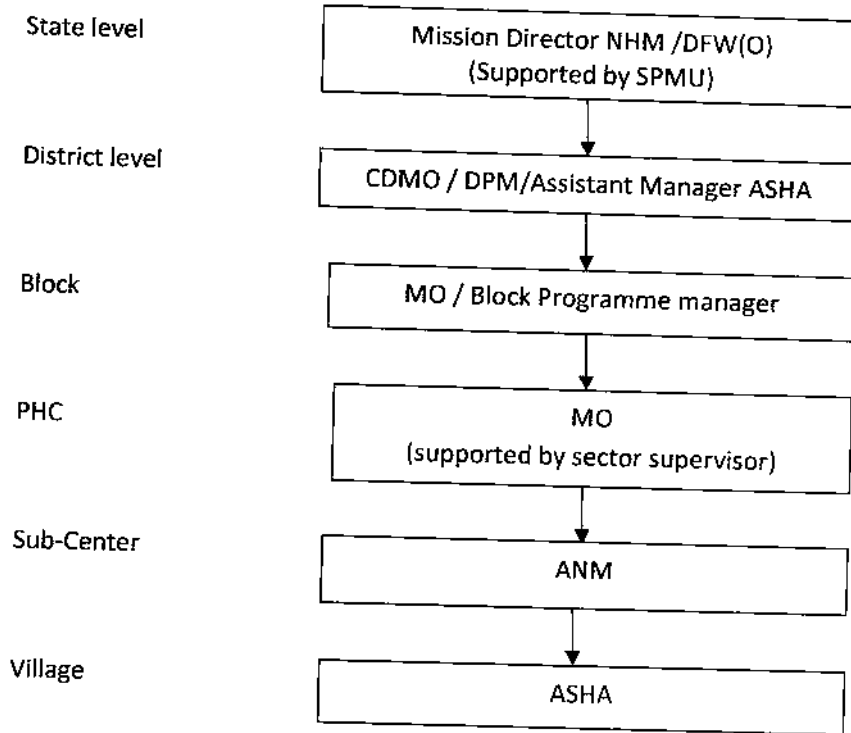
- Random verification of beneficiaries
- Regular monthly meetings
- Verify sales of sanitary napkins and incentive

Annex1: Includes monitoring formats for the ASHA, ANM and block levels

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11. Programme Management Structure:

The programme will be administered as part of the Health & family Welfare programme at the state and district levels. The nodal point for MHS at various levels is shown as follows.



1-14

Adapted from Operational guidelines – Promotion of Menstrual Hygiene among Adolescent Girls (10-19) in Rural Areas, Ministry of Health & Family Welfare, Govt. of India

Annexure 1:

1. State level format:

a. Data to be collected on an annual basis

Name of District	Number of girls to be reached	Number of Sanitary Packs required	Sourcing agency	Quality Assurance agency	Rental cost for Storage if any	Cost of transportation if any
Total						

b. Data to be consolidated on a monthly basis from the district record

Name of District	Number of girls reached per month	Number of Sanitary Packs sold	Amount of incentive paid to ASHAs	Amount of funds recouped to DHS	Rental cost for storage arrangement if any	Cost of transportation
Total						

2. District level formats:

a. Data to be collected on an annual basis

- Number of girls to be reached
- Number of sanitary napkins packs required
- Transportation system to enable reach of sanitary napkins to the blocks
- Storage arrangement if required
- Annual audit of accounts at district and block
- Training: ToT held for trainers

b. Data to be collected on a monthly basis at district level

Name of Block	Number of girls reached per month	Number of Sanitary Packs sold	Balance pack	Amount of incentive paid to ASHAs	Amount of funds recouped to the DHS	Rental cost for storage arrangement if any	Cost of transportation
Total							

3. Block level formats:

a. Data to be collected on an annual basis

- Number of girls to be reached
- Number of sanitary napkins packs required
- Transportation system to enable reach of sanitary napkins to the sector/subcentre
- Storage arrangement if required

- Training:
 - a. Training to ASHA
 - b. Orientation to ANM
 - c. Orientation to GKS

b. Data to be collected on a monthly basis at block level

Name of Sub-centre	Number of girls reached per month	Number of Sanitary Packs received	Number of Sanitary Packs distributed	Balance pack	Amount of incentive paid to ASHAs	Amount of funds recouped to Sub-centre	Rental cost for storage arrangement if any	Cost of transportation
Total								

4. Sub-centre level monthly monitoring format/Register

- a. Storage arrangement
- b. Cost of transportation

Name of village	Name of ASHA	Number of girls reached per month	Number of sanitary napkins packs received from sector	Number of Sanitary Packs sold	Balance sanitary pack	Amount of incentive paid to ASHAs	Amount of funds recouped to Sub-centre
Total							

5. ASHA level tracking register and monthly reporting format

- a. ASHA tracking register format month wise

Name of girl	School going	Out of school	Jan		Feb		March		April	
			Number of sanitary napkin packs sold	Whether attend the meeting (PEE/SABLA)	Number of sanitary napkin packs sold	Whether attend the meeting (PEE/SABLA)	Number of sanitary napkin packs sold	Whether attend the meeting (PEE/SABLA)	Number of sanitary napkin packs sold	Whether attend the meeting (PEE/SABLA)
Total										

b. ASHA monthly reporting format

- Name of ASHA:
- Name of village:
- Stock of sanitary napkins packs at the beginning of the month:
- Stock of sanitary napkins at the end of the month:
- Cost of transportation from sector/sub centre to village:

Sl No	No of adolescent girls contacted/reached	Date	Old or new users	Reach through				Number of sanitary napkin sold	Balance sanitary pack	Money generated through selling of sanitary pack	Amount incentive earned
				PEE session	SABLA	School	Home visit				
Total											